

# O

THE OPR  
MAGAZINE

# Breonna Taylor

Born June 5 1993  
Killed by police  
March 13 2020

**HER LIFE  
MATTERS**

*"If you turn  
a blind eye  
to racism,  
you become  
an accomplice  
to it."*

*Opal*

PLUS  
**WHITE  
WOMEN  
AND  
RACE**

RETHINKING  
DRINKING

A FOUR-DAY  
FIX FOR OCD

STRENGTH IN  
THE FACE  
OF TRAUMA



rice  
it  
nce  
ng.

I became a certified legal observer to protect activists from police brutality and misconduct and have led discussions at Benesch, my law firm, to implement new policies for increased pro bono legal services to advance racial justice.

**ADDISAH SHERWOOD**  
Cleveland

*I created a financial solidarity*

## the question

THIS MONTH WE WONDERED...



### How are you supporting the Black Lives Matter movement?



I run Raheem, an independent online service for reporting police in the U.S. I founded it after losing my life partner to police violence during a routine traffic stop. His love was radical, unapologetic, and life-changing.

**BRANDON D. ANDERSON**  
Oakland



Leading a neighborhood social equality task force through a nonprofit, bringing together people of all backgrounds living in downtown Cleveland to focus on Black equity, community policing, the census, and more.

**ANDRADIA SCOVIL**  
Cleveland

Speaking my truth, even when it's uncomfortable. I'm allowing myself the space to say to society, "Where have you been? How did you not notice our pain?"

**NATARSHA McALLISTER**  
Durham, North Carolina

I became a certified legal observer to protect activists from police brutality and misconduct and have led discussions at Benesch, my law firm, to implement new policies for increased pro bono legal services to advance racial justice.

**ADDISAH SHERWOOD**  
Cleveland

I'm a member of Black Nurses United, and we've developed a call to action called "Not on My Watch." We will no longer allow subtle injustices to occur in our presence. We're holding rallies, marching, educating our community, and registering voters. As frontline workers of color, we see the effects of institutionalized racism. Healthcare education is a tool we can use to empower the most overlooked, underserved, and marginalized communities of color.

**SHERRETHA WADE**  
Dallas

*I created a financial solidarity fund for Black women creatives to support them during the pandemic.*

**SESHAT YON'SHEA WALKER**  
Washington, D.C.



I have been phone banking weekly to support policy changes, and I started an antiracist group on the app Nextdoor to connect with folks in my community. This is a lifelong commitment; I'm in it until everyone is free.

**KATE TREVELYAN-HALL**  
Martinez, California



### Our Next Question

What are you most grateful for this year, and why?

Email us at [thequestion@hears.com](mailto:thequestion@hears.com) (include your full name, city, and state). Your response could be featured in our November issue.

ANDERSON: USHIC/GETTY IMAGES; WALKER: CARL WALKER; SUBMISSIONS: CHISEL FOR PUBLICATION MAY BE EDITED FOR LENGTH AND CLARITY.

FOLLOW US



@oprah  
magazine



facebook.com/  
oprahmagazine



@oprah  
magazine



pinterest.com/  
oprah

**DOWNLOAD**

Black Nation. Available on iPads and iPhones. It's a directory of BLACK-OWNED BUSINESSES you can support and review.