



Geetika Gupta-Roongta

Practice Attorney

New York

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Overview

Geetika is an immigration attorney with more than 6 years of experience with non-immigrant (H-1B, L-1, E-2, E-3, H-1B1, O-1, R-1, TN, F-1) and immigrant visa petitions (PERM, I-140, I-485, EB-1C) for individuals & corporates in major economic sectors including Information Technology, Financial Institutions, Health Care, Non-profit Religious Organizations.

Geetika has experience onboarding new clients and developing client-centric mobilization strategies in compliance with USCIS guidelines & DOL regulations. She has successfully led immigration teams consisting of paralegals and immigration assistants.

Credentials

EDUCATION

- New York University School of Law, LL.M.
- Harvard University
- Government Law College, BLS & LL.B. (Eq. of J.D.)
 - Moot Court Association
 - Legal Aid Association
 - Dean's List Honors

BAR & COURT ADMISSIONS

- New York
- India

Memberships

- Member, AILA

Awards & recognition

- Listed, *Best Lawyers in America*® Ones to Watch, Immigration Law, 2025

News & Insights

- [Mission India Update Following Implementation of Online Presence Review - Widespread Rescheduling of H-1B and H-4 Visa Appointments](#)
December 12, 2025 | Client Alerts & Insights
- [Expanded Social Media Screening for H-1B and H-4 Visa Applicants](#)
December 8, 2025 | Client Alerts & Insights
- [Tracking “Project Firewall” and Its Significant Expansion of H-1B Enforcement Activity](#)
December 4, 2025 | Client Alerts & Insights
- [New \\$100,000 Fee and Entry Restrictions for H-1B Workers: What Employers Need to Know Now](#)
September 21, 2025 | Client Alerts & Insights
- [Sneak Peek into the Trump 2.0 Administration Immigration Landscape](#)
December 2, 2024 | Client Alerts & Insights
- [132 Benesch Attorneys Recognized in 2025 Best Lawyers® Rankings](#)
August 14, 2024 | Press Releases
- [USCIS Announces Changes to The H-1B Visa Lottery Registration, Selection, and Filing Process and Implements Fee Increases For Certain Visas](#)
February 1, 2024 | Client Alerts & Insights
- [Geetika Gupta-Roongta and Dylan M. Rosenfield mentioned in Crain's New York People on the Move](#)
October 20, 2023 | Media Mentions
- [Benesch Adds Practice Attorney to Labor & Employment Team in New York](#)
September 19, 2023 | Press Releases