



Laura Mehl Sugarman

New York

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Overview

An experienced and trusted advisor on complex real estate development matters, Laura structures and closes deals for transformative projects in New York and across the nation. Handling some of the most complicated and multifaceted transactions, she takes a hands-on, collaborative approach that reflects legal, financial and regulatory considerations.

With technical precision, experience and vision, Laura represents national and local developers, owners, lenders, landlords, tenants, borrowers, investors and not-for-profit entities in acquisitions and dispositions, financings, leasing, air rights and large-scale development projects, including affordable housing and condominium developments. Laura is a skilled tax strategist, steering through real estate law and complex tax codes and using various legal and financial structures to help her clients secure essential tax exemptions and access other tax benefits without compromising their broader objectives.

With a focus on condominium and cooperative development and management, Laura represents numerous national and international clients. She is highly regarded as one of New York's go-to resources for the structuring and formation of leasehold condominiums and is deeply experienced in navigating the intersection of not-for-profit law and real estate.

Beyond the deal, Laura is passionate about community-building. She actively contributes to organizations that uplift women and promote inclusion in the legal and real estate industries. She serves on the Real Estate Advisory Board of Yeshiva University, is a longtime participant in Cardozo Law School's Women in Law Institute and is actively engaged in Benesch's Women's Initiative Network. She also serves as co-chair of the firm's Hiring Committee, helping to shape the next generation of legal talent.

Before joining Benesch, Laura worked for the New York State Comptroller, the United States Attorneys' Office, and the New York City Department of Parks & Recreation. Her public-sector experience has given her a clear understanding of the regulatory landscape and how regulators think and work. That, combined with her dealmaking wisdom, makes her exceptionally adept at getting deals done, especially when careful government coordination is required for complex real estate matters with law, tax and public impact implications.

Representative Matters

- Advised Currier Plastics in its investment partnership with Sheridan Capital Partners.
- Represented a client in the sale of a hotel in Long Island City, New York.
- Represented American Equipment Solutions, a portfolio company of Rotunda Capital Partners, in its divestiture of Kanawha Scales & Systems.
- Represented Honeywell in the spin-off of its Advanced Materials business, now operating as Solstice Advanced Materials.
- Represented Blackstone in connection with its acquisition of a portfolio of 228 mortgage loans from Atlantic Union Bank for approximately \$2 billion.
- Represented the developer of a mixed-use building in the formation of a hotel-branded residential condominium with a luxury commercial tenant at ground level.
- Represented a family office in the acquisition and financing of a multifamily portfolio in Texas, including the assumption of over \$100M in loans from Fannie Mae and Freddie Mac.
- Structured a series of leasehold condominium deals that enabled New York not-for-profit tenants, including various corporate headquarters, charter schools, community health organizations, and hospitals, to secure vital tax exemptions while maintaining compliance and community focus.

Credentials

EDUCATION

- Benjamin N. Cardozo School of Law, 2009, J.D.
 - Executive Editor, *Cardozo Journal of Public Law, Policy, and Ethics*
 - Housing Court Litigator, Bet Tzedek Legal Serves
 - Executive Board Member and President, Cardozo Youth Advocates
- New York University, 2005, B.A., *magna cum laude*, Journalism and History

BAR & COURT ADMISSIONS

- New York

Memberships

- Member, New York State Bar Association
- Member, New York City Bar Association
- Member, Cardozo Real Estate Advisory Board

Awards & Recognition

- Named, Crain's New York Notable Women in Law, 2026
- Listed, New York Real Estate Journal, Ones to Watch – Industry Leaders, 2025
- Listed, New York Super Lawyers, Rising Star, 2017-2024

News & Insights

- [The New York Times Features Benesch Partner Laura Mehl Sugarman on the Reliability of Zillow “Zestimate” Valuations](#)
June 8, 2026 | Media Mentions
- [The New York Times Features Benesch Partner Laura Mehl Sugarman on Co-Op Identification Policies](#)
April 18, 2026 | Media Mentions
- [Benesch Partner Laura Sugarman Selected as 2026 Notable Woman in Law by Crain's New York](#)
February 26, 2026 | Press Releases
- [Benesch Advises American Equipment Holdings LLC and Kanawha Scales & Systems in Sale to Investcorp](#)
November 17, 2025 | Press Releases
- [Benesch Advises Honeywell on Successful Spin-Off of Solstice Advanced Materials](#)
November 13, 2025 | Press Releases
- [Laura Sugarman Featured in Crain's Thought Leadership Report on Real Estate | “Understanding NY's All-Electric Buildings Act”](#)
November 10, 2025 | Contributed Content & Presentations
- [Benesch Advises Currier Plastics in Investment by Sheridan Capital Partners, Accelerating Growth in Healthcare Manufacturing](#)
October 3, 2025 | Press Releases

- [Partner Laura Sugarman Named Among New York Real Estate Journal's 2025 Ones to Watch: Industry Leaders](#)
May 16, 2025 | Press Releases
- [Benesch Partner Laura Mehl Sugarman Featured in Habitat Magazine on Discrepancies in Condo Common Charges](#)
April 8, 2025 | Media Mentions
- [Laura Mehl Sugarman Quoted in New York Times Article on Homeowners' Association Fees and Condominium Percentages](#)
March 19, 2025 | Media Mentions

Speaking & Events

PAST EVENTS

- [Commercial Leasing | Laura Mehl Sugarman, Aaron Schwed](#)
December 13, 2023 | Speaking Engagement