



Rachel Hold-Weiss

New York

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Overview

Rachel represents healthcare clients in regulatory, transactional, and litigation matters with an emphasis on post-acute and long-term care providers, as well as providers who provide services in to long-term care facilities. She represents a variety of both nonprofit and for-profit healthcare providers, including hospices and palliative care programs, home health agencies, skilled nursing facilities, assisted living facilities, physicians, physician practices and physician practice management companies.

Rachel counsels clients undergoing federal and state audits and investigations, including audits and investigations conducted by the Office of Inspector General, the New York State Office of Medicaid Inspector General, and the Centers for Medicare and Medicaid Services Medicare Administrative Contractors. She regularly counsels clients and assists in the defense of providers in fraud and abuse matters, including claims of fraud and anti-kickback, self-referral, corporate practice of medicine, and fee-splitting violations. Rachel has represented numerous providers through the Medicare audit and appeals process. She has also represented investors, owners, and operators of a variety of healthcare entities with regulatory and corporate due diligence and complex corporate restructurings, sales, and acquisitions.

In addition, Rachel assists clients with developing and implementing compliance programs and conducting compliance audits. Rachel also advises clients in all aspects relating to certificate of need, facility licensure and professional licensing, Medicare and Medicaid survey issues, and healthcare privacy and security matters.

Rachel is also a physician assistant licensed to practice in New York since 1996. Rachel previously served as in-house associate general counsel and corporate compliance officer for a home care company with operations in 11 states.

Credentials

EDUCATION

- Fordham University School of Law, J.D.
- Touro College, B.S., Physician Assistant

BAR & COURT ADMISSIONS

- New York
- District of Columbia
- U.S. District Court for the Eastern District of New York
- U.S. District Court for the Southern District of New York

Memberships

- Member of the Board of Trustees, Hospice and Palliative Care Association of New York State (HPCANYS)
- Member of the Board of Trustees of Community Health Accreditation Partner (CHAP)
- Member of the American Health Law Association
- Member of the National Alliance for Care at Home

Awards & recognition

- Listed, Best Lawyers® “Best Lawyer®”, Health Care Law, 2025-2026
- Top up-and-coming health care attorney in New York by Chambers USA
- Rated by Legal 500 US as a national leader in the healthcare field

Beyond the office

A Little About Myself

I am the mother of four children and two special daughter-in-laws, a grandmother, and I speak four languages.

News & Insights

- [CMS Imposes Nationwide Moratorium on Home Health Agency and Hospice Enrollments](#)
May 13, 2026 | Client Alerts & Insights
- [Axios Quotes Rachel Hold-Weiss on Medicare Cuts to Bioengineered Wound Care](#)
March 18, 2026 | Media Mentions
- [129 Benesch Attorneys Recognized in 2026 Best Lawyers® Rankings](#)
August 21, 2025 | Press Releases
- [Rachel Hold-Weiss Quoted in McKnight's Home Care News on Expanding PPEO Oversight](#)
July 30, 2025 | Media Mentions
- [Benesch Secures TRO Against New York State DOH, Protecting Client's \\$380M Home Healthcare Business](#)
March 4, 2025 | Press Releases
- [Partner Rachel Hold-Weiss Quoted in Hospice News](#)
October 22, 2024 | Media Mentions
- [Understanding CMS Special Focus Program: The Latest | Rachel Hold-Weiss](#)
August 19, 2024 | Contributed Content & Presentations
- [132 Benesch Attorneys Recognized in 2025 Best Lawyers® Rankings](#)
August 14, 2024 | Press Releases
- [OIG Refreshes General Compliance Program Guidance for Health Care Industry Stakeholders](#)
November 17, 2023 | Client Alerts & Insights
- [Rachel Hold-Weiss mentioned in Crain's New York People on the Move](#)
October 11, 2023 | Media Mentions

Speaking & Events

UPCOMING EVENTS

- [It's a New World for Hospices and Home Health Agencies | Rachel Hold-Weiss](#)
June 30, 2026 | Speaking Engagement

PAST EVENTS

- [What To Do When the Spotlight Finds You | Rachel Hold-Weiss](#)
May 4, 2026 - May 6, 2026 | Speaking Engagement
- [The Best and the Worst of Long-Term Care Facility Vendor Contracts | Rachel Hold-Weiss](#)
February 22, 2026 - February 25, 2026 | Speaking Engagement
- [2025 Hospice Summer Camp | Rachel Hold-Weiss](#)
July 27, 2025 - July 29, 2025 | Speaking Engagement

- Hospice in the Hot Seat | Rachel Hold-Weiss
July 27, 2025 - July 29, 2025 | Speaking Engagement
- Post Acute Facility Care and Hospice Partnership Puzzle | Rachel Hold-Weiss
February 3, 2025 - February 5, 2025 | Speaking Engagement