

Rachel Hold-Weiss

New York
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Overview

Rachel represents healthcare clients in regulatory, transactional, and litigation matters with an emphasis on post-acute and long-term care providers, as well as providers who provide services in to long-term care facilities. She represents a variety of both nonprofit and for-profit healthcare providers, including hospices and palliative care programs, home health agencies, skilled nursing facilities, assisted living facilities, physicians, physician practices and physician practice management companies.

Rachel counsels clients undergoing federal and state audits and investigations, including audits and investigations conducted by the Office of Inspector General, the New York State Office of Medicaid Inspector General, and the Centers for Medicare and Medicaid Services Medicare Administrative Contractors. She regularly counsels clients and assists in the defense of providers in fraud and abuse matters, including claims of fraud and anti-kickback, self-referral, corporate practice of medicine, and fee-splitting violations. Rachel has represented numerous providers through the Medicare audit and appeals process. She has also represented investors, owners, and operators of a variety of healthcare entities with regulatory and corporate due diligence and complex corporate restructurings, sales, and acquisitions.

In addition, Rachel assists clients with developing and implementing compliance programs and conducting compliance audits. Rachel also advises clients in all aspects relating to certificate of need, facility licensure and professional licensing, Medicare and Medicaid survey issues, and healthcare privacy and security matters.

Rachel is also a physician assistant licensed to practice in New York since 1996. Rachel previously served as in-house associate general counsel and corporate compliance officer for a home care company with operations in 11 states.

Representative Matters

- Represented private equity firm Wellspring Capital Management LLC in the $285 million acquisition of Critical Nurse Staffing, LLC, a home healthcare service provider, and certain of its affiliates.

Credentials

EDUCATION

- Fordham University School of Law, J.D.
- Touro College, B.S., Physician Assistant

BAR & COURT ADMISSIONS

- New York
- District of Columbia
- U.S. District Court for the Eastern District of New York
- U.S. District Court for the Southern District of New York

Memberships

- Member of the Board of Trustees, Hospice and Palliative Care Association of New York State (HPCANYS)
- Member of the Board of Trustees of Community Health Accreditation Partner (CHAP)
- Member of the American Health Law Association
- Member of the National Alliance for Care at Home

Awards & Recognition

- Listed, *The Best Lawyers in America®*, Health Care Law, 2025-2027
- Top up-and-coming health care attorney in New York by Chambers USA
- Rated by Legal 500 US as a national leader in the healthcare field

Beyond the office

A Little About Myself

I am the mother of four children and two special daughter-in-laws, a grandmother, and I speak four languages.

News & Insights

- Hospice News Quotes Rachel Hold-Weiss on CMS' Hospice Enrollment Moratoria
  October 14, 2026 | Media Mentions
- 126 Benesch Attorneys Recognized in 2027 Best Lawyers® Rankings
  August 20, 2026 | Press Releases
- Rachel Hold-Weiss Featured on AHLA Podcast Discussing Audit Defense Strategies for Health Care Providers
  July 14, 2026 | Media Mentions
- CMS Imposes Nationwide Moratorium on Home Health Agency and Hospice Enrollments
  May 13, 2026 | Client Alerts & Insights
- Axios Quotes Rachel Hold-Weiss on Medicare Cuts to Bioengineered Wound Care
  March 18, 2026 | Media Mentions
- 129 Benesch Attorneys Recognized in 2026 Best Lawyers® Rankings
  August 21, 2025 | Press Releases
- Rachel Hold-Weiss Quoted in McKnight's Home Care News on Expanding PPEO Oversight
  July 30, 2025 | Media Mentions
- Benesch Secures TRO Against New York State DOH, Protecting Client's $380M Home Healthcare Business
  March 4, 2025 | Press Releases
- Partner Rachel Hold-Weiss Quoted in Hospice News
  October 22, 2024 | Media Mentions
- Understanding CMS Special Focus Program: The Latest | Rachel Hold-Weiss
  August 19, 2024 | Contributed Content & Presentations

Speaking & Events

PAST EVENTS

- It’s a New World for Hospices and Home Health Agencies | Rachel Hold-Weiss
  June 30, 2026 | Speaking Engagement
- What To Do When the Spotlight Finds You | Rachel Hold-Weiss
  May 4, 2026 - May 6, 2026 | Speaking Engagement
- The Best and the Worst of Long-Term Care Facility Vendor Contracts | Rachel Hold-Weiss
  February 22, 2026 - February 25, 2026 | Speaking Engagement
- 2025 Hospice Summer Camp | Rachel Hold-Weiss
  July 27, 2025 - July 29, 2025 | Speaking Engagement
- Hospice in the Hot Seat | Rachel Hold-Weiss
  July 27, 2025 - July 29, 2025 | Speaking Engagement