

A professional headshot of Theresa Cross, a woman with long brown hair, wearing a dark blazer over a green top. She is standing in a modern office hallway with a staircase in the background. The photo is set against a dark teal background on the right side of the page.

Theresa Cross

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Overview

Theresa advises clients in the healthcare industry on a wide range of operational and legal matters, including regulatory compliance, mergers and acquisitions, tax exemption, and state and federal privacy matters.

Theresa's experience includes advising clients engaged in strategic transactions, including hospital, physician practice, ambulatory surgery center and physical therapy practice acquisitions, and private equity investments. She regularly counsels clients on regulatory and compliance issues, including telehealth licensure requirements, federal and state anti-kickback statutes, Medicare and Medicaid reimbursement, the Stark Law, and state corporate practice of medicine doctrines. In addition, Theresa's practice includes assisting healthcare clients in antitrust matters and investigations and litigation relating to the False Claims Act (FCA), the federal Anti-Kickback Statute (AKS), and the Stark Law brought by federal agencies and qui tam whistleblowers.

Prior to joining Benesch, Theresa served as a legal fellow for a nationally renowned pediatric health system, where she counseled the system on regulatory and compliance issues and implemented business form solutions. While in law school, she externed at a large academic medical center. Theresa is a member of the American Health Lawyers Association and the Illinois Association of Healthcare Attorneys. She is also a regular contributor to *The Law of Medical Practice in Illinois*, an annual publication for professionals in the Illinois healthcare system, where she authors the chapters on Emergency Medical Treatment and Antitrust.

Representative Matters

- Defended major U.S. psych hospital chain in nine EMTALA cases; after CMS audit and hearing, OIG declined to pursue penalties exceeding \$111K per violation.
- Lead counsel represented a nephrology-focused value-based care firm in selling 51% to a major regional health system, aiming to expand services for patients and payors in the region.

Credentials

EDUCATION

- Loyola University Chicago, 2019, LL.M. in Health Law
- DePaul University, 2016, J.D.
- Northern Illinois University, 2013, B.A. & B.S.

BAR & COURT ADMISSIONS

- Illinois
- U.S. District Court for the Northern District of Illinois

Memberships

- Member, Illinois Association of Healthcare Attorneys
- Member, American Health Lawyers Association

Awards & recognition

- Listed, *Best Lawyers®* Ones to Watch, Health Care Law; Corporate Governance and Compliance Law; 2023-2026

News & Insights

- [129 Benesch Attorneys Recognized in 2026 Best Lawyers® Rankings](#)
August 21, 2025 | Press Releases
- [Benesch Advises TowerBrook Capital Partners on Acquisition of Majority Stake in Industry-Leading Berkeley Research Group](#)
February 27, 2025 | Press Releases

- [132 Benesch Attorneys Recognized in 2025 Best Lawyers® Rankings](#)
August 14, 2024 | Press Releases
- [Mark J. Silberman and Theresa Cross published article in Crains Content Studio | "Preparation for the next COVID wave: The Enforcement Wave"](#)
December 20, 2023 | Contributed Content & Presentations
- [Ronald S. Betman and Theresa Cross mentioned in Crain's Chicago People on the Move](#)
December 4, 2023 | Media Mentions
- [Department of Justice Announces Department-Wide Safe Harbor for Voluntary Self-Disclosures Discovered During the M & A Process](#)
October 19, 2023 | Client Alerts & Insights
- [Theresa Cross mentioned in Cook County Record | "Benesch Adds Associate to Healthcare Team in Chicago"](#)
October 17, 2023
- [Benesch Adds Associate to Healthcare Team in Chicago](#)
October 12, 2023 | Press Releases